



Gary Hooker and Michael Young
Multi-award-winning hairdressers Gary and Michael are veterans of the industry with luxurious salons in the North East of England.



Iain Sallis
One of the country's leading trichologists, Iain is regularly featured on TV, radio and in many magazines and blogs around the world.



Tatiana Karelina
With thriving salons in both London and Manchester and another set for LA, Tatiana has impacted the UK beauty landscape with her unique approach to extensions.



Rebecca Perry
Senior Brooks+Brooks Technician, Rebecca Perry, is a colour specialist. Hairdressing has been her life since she was a Saturday girl in her native Australia.



Dionne Smith
Award-winning hairstylist and Technician for Design Essentials, Dionne Smith has over 17 years expertise in Afro hair.

The hair Clinic

Have you got a burning hair question that needs answering? A split-end conundrum that only an expert can solve? Well look no further, our panel of hairdressers, colourists, trichologists and extensionists will be happy to answer your query...



Q I recently invested in a Brazilian blow-dry for my forthcoming holiday to Jamaica, as I've heard they're supposed to improve the condition of your hair. However, since I've had it done my hair is so difficult to comb through when I apply conditioner in the shower. I've never suffered with tangly hair before – could the treatment be causing this? *Emma, Stockport*

A Without seeing your hair, we can't say the Brazilian blow-dry is 100% the cause of the tangles. However, it's certainly a possibility. While Brazilian blow-dries can make the day-to-day styling and management of hair much easier, they contain extremely strong chemicals that can damage and 'roughen' your hair's outermost layer (the cuticle). This makes the interlocking of individual strands and tangling more likely. Regardless of the cause, it's important you take steps to repair your hair and prevent further damage. I suggest you use an intensive pre-shampoo conditioner twice a week, and also a daily detangling spray. Both will help improve the condition of your hair and smooth the cuticle, making combing through it much easier! *Philip Kingsley*

Q I plan to go swimming in the sea while on holiday this year – can the natural salt water damage my hair? *Sinead, Hove*

A The sea can dry your hair out dramatically as it has a lot of salt in it. This will get into the cuticles of the hair and take out extra moisture as it dries. The best way to combat this is with a swim barrier cream such as Philip Kingsley's Swim Cap or with something like an oil to coat the hair. Rinse very well with fresh water as soon as possible and an intensive conditioner is a must afterwards too... happy holidays! *Iain Sallis*



Inanch

As Great Lengths Extensionist of the Year, Inanch has specialised in extensions for over 14 years and is world-renowned for her expertise.



Mark Leeson

Mark has one of the strongest reputations in the industry for colour excellence, stunning hairdressing and an award-winning team.



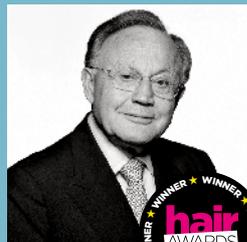
Jamie Stevens

One of the country's hottest Afro and men's hairdressers, Jamie has two hugely successful salons and a high-profile CV covering TV and magazines.



Tina Farey

Editorial Director at RUSH Hair, Tina combines her expertise and drive to push herself and her team to award-winning standards.



Philip Kingsley

Known as the 'Hair Doctor', Philip's trichological expertise spans over 50 years. He also has a range of award-winning haircare products.

CRAIG CHAPMAN FOR REDKEN



Email us with your questions to editor@hairmagazine.co.uk

Q Whenever I wash my hair abroad it always goes either very limp or fluffy. How can I avoid this? *Sarah, Truro*

A There are a lot of factors involved when hair goes fluffy and limp on holiday. These include the sun, chlorine in swimming pools and salt from the sea – and all of these can dry out the hair. I would recommend lots of moisture to coat the hair cuticle and stop it from fluffing – either a serum or moisture spray with added UV protection would work best. Be sure to use good quality products recommended by your hairdresser for your specific hair type.
Rebecca Perry

Q I'm going on a month-long holiday to Australia and I've dyed my hair brown – I'm worried that the sun will lighten it too much while I'm out there – how can I prolong my darker colour while on my trip?

Amy, Gloucester

A Firstly, and I think most importantly, always use a hair protection spray in the sun and slap on intensive conditioners frequently as this provides a shield for the hair and really does make colour last longer. Secondly, ensure you use a professional haircare range that is dedicated to colour perfection. The Goldwell colour range for example not only protects hair against UV damage but also contains a small amount of colour to refresh your hair every time you wash, maintaining your colour for as long as possible. It is worth splashing out on high-quality haircare for colour maintenance as some other shampoos can strip the hair, which ultimately leads to fading. Lastly, water has a large effect on colour fade, so try to wash your hair less frequently while you are there as this will dilute your colour vibrancy every time you wash it. If you're going to be using the pool or taking a dip in the sea, always damp your hair down first as this reduces porosity and stops the hair from grabbing the minerals that aid colour fade. My advice would be to always put conditioner on damp/wet hair before going in the pool or sea as the conditioner forms a barrier that helps detract chlorine. **Mark Leeson**

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